



IBF Australia – Judo Division

Injury and Blood rules

“**Injury and blood rules**” is an extract from the IBF Australia’s more comprehensive Sporting Code and Contest Rules Policy document which covers the entire breadth of tournament and event management and is intended as a quick reference guide for Mat Directors, Referees, Table officials and First Aid officers.

First Aid Officers at Competitions shall be from St. Johns Ambulance or equivalent organisation and are bound by the applicable Codes of Conduct.

At least one first aid officer shall be in attendance at the first aid table at all times during the tournament. If the first aid officer is called away and no qualified person is available to attend the mat, the Referees Commission shall be notified and no contest is to commence on the mat and a contest in progress shall be stopped. If there is only one first aid officer for the tournament and is called away, the Referees Commission shall be notified and no contest is to commence and all contests in progress shall be stopped.

All injuries treated by a first aid officer, no matter how trivial, and regardless of how limited the treatment may be, including that of “observe and monitor” shall be recorded on the approved injury report form (see attached).

The approved report form shall be as provided by **Sports Medicine Australia** or equally accredited organisation. A ready supply of such injury report forms shall be accessible to the Tournament Director, the First Aid Officer and the Referee Commissioner at each mat and first aid station.

Blood Rule

A competitor who is bleeding or has blood on their judogi must immediately leave the competition mat with the medical attendant to stop the bleeding in the designated first aid room.

The referee shall apply rules in accordance with the Contest Rules (Sick and Injury Time and Concessional Time) to allow a player to leave the contest mat to receive medical attention to stop bleeding and to clean any blood from their judogi. The Sick and Injury Time and Concessional Time shall be permitted and taken concurrently.

The competitor will not be permitted to return to the competition mat until the bleeding is stopped. The wound must be dressed and any blood on the competitor’s body must be cleaned off.

If a medical officer is unable to stop a wound from bleeding after three attempts the referee shall terminate the contest and determine the contest in accordance with the contest rules.

If the competitor is unable to stop the bleeding within 4 minutes accumulated injury time the referee shall determine the contest in accordance with the contest rules.

The competitor will not be permitted to return to the competition mat if there is any blood on their judogi. The referee will the contest rules as they apply to non conformant judogi

Competition on the competition mat must cease until all blood on the mat is cleaned up.